

Programme Autumn / Winter 2022

For queries about the programme (non-members) please use the 'Contact Us' facility on our website to contact the Programme Secretary
<https://www.manorwalking.com/contact>
 Members please email our Programme Secretary

Start Ref:- Refers to the start of the walk. (Grid Ref and What3Words)

W/E? These are the Wales or England assembly points for car shares and route guidance. Time is departure time from the Meet Point. Please arrive earlier
 ** meet at the walk start point

*** Please note: Walkers come out with the group at their own risk. The club does not accept liability for injury to one's person, or damage/loss to clothing or belongings.

*** In addition to our general safety rules, all walkers must adhere to the Covid19 safety rules.

Date	Day	Grade	W/E/**	Meet Time (at W, E or**)	Start ref	What3Words	Description	Leader
06/09/22	Tues	D	W	10.00	SJ320544	parts.tune.empty	Alyn Country Park 4.3 miles / flat	
08/09/22	Thurs	B+	W	08.30	SJ035371	dispenser.heading.themes	Cadair Bronwen from Llandrillo 9.5 mls / 2435ft	
14/09/22	Weds	C	W	09.30	SJ 276569	gateway.sports.pigtails	Nant Y Ffrith from Llanfynydd 7mls/ 1200ft	
15/09/22	Thurs	A	W	08.30	SH734571	chill.resembles.doubt	Moel Siabod 7 miles / 2000ft	
20/09/22	Tues	C	**	09.30	SJ330773	front.ropes.measuring	around Willaston 6 miles/flat	
22/09/22	Thurs	B	E	08.30	SK114998	narrates.agents.taxpayers	BleaklowfrmWoodhead 7 mls 1450'	
28/09/22	Weds	A	W	8.30	SH756618	original.streetcar.oaks	Creigiau Gleision fm. Lyn Crafnant 7.5 mls / 2200ft	
29/09/22	Thurs	C	E	9.30	SJ540590	sailing.cavalier.parked	Beeston 6.7 mls / 425 ft	
04/10/22	Tues	B	E	08.30	SJ217421	file.deriving.pint	Llangollen 8 mls /1700ft	
06/10/22	Thurs	D	**	10.00	SJ295684	beamed.rooftop.decimals	Wepre Brook from Wepre Park 3 mls/ 400ft	
12/10/22	Weds	C	W	09.30	SH905684	ethic.muted.candy	Plas Bychan. "Xmas" route	
13/10/22	Thurs							
18/10/22	Tues	D	**	10.00	SJ297884	films.moves.cracks	Birkenhead Park. 3.5 miles /flat	
20/10/22	Thurs	B	W	08.30	SJ214687	bachelor.bitters.acrobats	Coed Trelyniua Reserve & Halkyn Mountain, 9.5miles / 750'	
26/10/22	Weds	B	W	08.30	SJ197432	colonies.months.blubber	Llangollen from Chain Bridge 8.5 mls / 1500ft	
27/10/22	Thurs	C-	W	09.30	SH984574	thickened.devours.original	Brenig Wind Farms Amble. 5.5 mls / 450ft	
01/11/22	Tues	B	E	08.30	SJ220372	timeless.waltzed.clings	Ceriog Valley from Dolywern 9.3 miles / 1661 ft	
03/11/22	Thurs	D	**	10.00	SJ301772	boils.adjust.myself	Parkgate 3-4 mls / flat	
09/11/22	Weds	C	W	09.30	SJ187598	feared.optimaly.spoons	Alwyn Valley and around Moel Famau 8mls / 800ft	
10/11/22	Thurs	A	W	08.30	SH693741	chickens.twinkled.triangles	Nant-Y-Coed 8 mls/2200ft	
15/11/22	Tues	D	**	10.30	SJ402667	letter.onion.ahead	Chester Waterways 3.5 - 4 mls / flat	
17/11/22	Thurs	A-	W	08.30	SH720582	bookcases.teams.penned	Y Foel Goch from Capel Curig 8.2 mls / 2250 ft	
24/11/22	Thurs	C	**	09.30	SJ513774	those.gets.begun	Frodsham area Circular walk 7.5mls / 850ft	
29/11/22	Tues	B	W	08.30	SJ187598	flipping.printers.simmer	Fron Hen & Maeshafen. 8mls /100ft	
01/12/22	Thurs	C	W	09.30	SJ196525	hawks.cutlets.imperious	Llandegla 7.4 mls/850ft	
07/12/22	Weds			1pm until 3.30pm			Xmas Social. Gladstone Hall 1pm - 3.30pm	
13/12/22	Tues	D+/C-	**	10.00	SJ444660	vies.pound.commoners	Christleton 5mls / flat	
15/12/22	Thurs	B	W	08.30	SJ042659	Thrashed.motivator.grazed	Denbigh - Henllan 10.5mls / 1200ft	
21/12/22	Weds	C	E	09.30	SJ521564	highlighted.corals.rating	Pre-Xmas walk Candle Factory to Coppermine approx 5miles	
05/01/23	Thurs	C+	W	09.00	SJ 066774	hedgehog.bunny.tungsten	Moel Hiraddug from Cwn 6 mls / 1500ft	

*** Guests are very welcome on walks, with details recorded

***Please refer all guests to the Safety Code on our website <http://www.manorwalking.com/>

Suggested Fuel Contribution:

15 - 25 mls £4.00
 26 - 40 mls £6.00
 41 - 60 mls £9.00
 61 - 80 mls £12.00
 81 - 100mls £15.00

Walk Grading by points score:

1 point per mile; 1 point per 500ft ascent;
 0 - 5+ for terrain/conditions
 A 15 - 20 points (NB *includes scramble and/or exposure to steep drops)
 B 10 - 15 points
 C 5 - 10 points
 D = Short easy walk normally 4mls max
 S = A shorter and much slower option to the main 'A' walk,
 not necessarily a summit. May be on rough terrain.